



MEADOWCROFT
RESIDENTIAL CARE HOME

Newsletter

June 2023

Providing families with the latest updates from our home

Welcome to our June Newsletter!

We hope you are all enjoying the beautiful weather as much as we are! Being back out in the garden again has given us all big boost and we look forward to seeing you all at our Summer Garden Party on the 15th July. There will be live music from Kim Bonsor, tea, cake and a raffle in aid of Dementia UK - which our residents chose this year!

We take so much pride in our activities with residents and participating in community events. Here are the reasons why.

As the saying goes, “use it or lose it”

Continuing to do as many activities and daily tasks as independently as possible benefits everyone including residents living with dementia. Instead of automatically helping with a task, we adapt activities as needed to allow residents to do as much as possible for as long as possible. This can help them retain abilities and stay active for longer.

Having structure to the day gives needed predictability and stability when the mind is feeling disoriented or confused. It also keeps residents engaged and occupied as well as giving them a way to use their energy in a positive way!

**NEW
UPDATE**

We have recently set up a home dental service for all residents.

With appointments hard to come by this makes things a little easier and stress free!

If you would like to find out more about this service including pricing, please get in touch with Vanessa who would be happy to help.

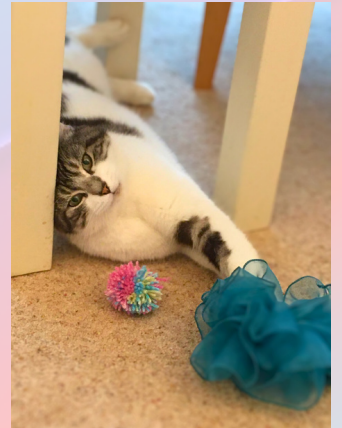


Pop is back!

Pop is our neighbours cat who likes to come over and say hello, it's safe to say everyone loves him and he laps up all the attention!



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Daphne and Elsie helped to plant strawberries in the garden with Crystal and they all found it very therapeutic.



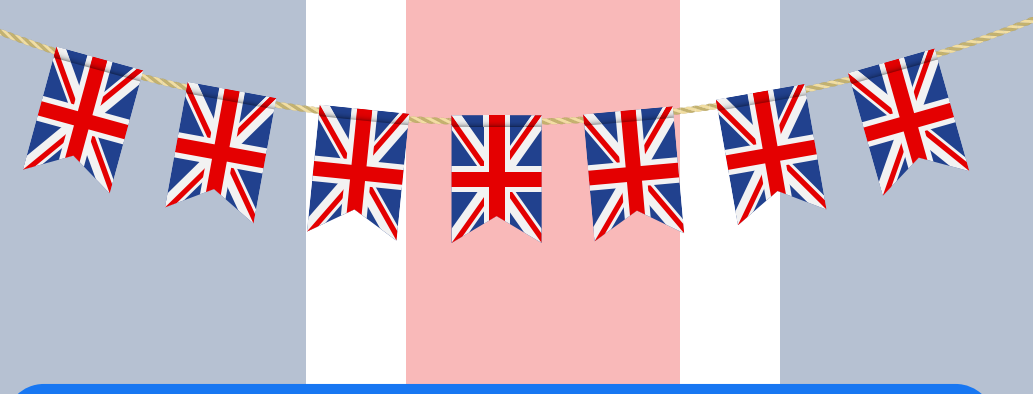
Hosneara has been putting together some memory boxes for our residents who live with dementia. These will be filled with photos so residents can reminisce and tell staff about their memories.



Residents doing some light exercises with some armchair football.



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The Kings Coronation



Celebrations





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50's Day with live music!



Staff dressed up and danced with residents!



Peggy having a wonderful time!



Milly having a dance with Ramona





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Activities for June

All our usual activities will continue as normal,
but here are a few save the dates!

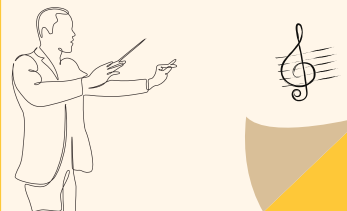
7th June

Gardening



13th June

Choir with Julie



17th June

Making mocktails



16th June

**A.M- Chair Yoga
P.M - Karaoke**



21st June

Making music



24th June

**Pamper & Movie
day!**

